



Excellence
Everyday, That's
The Panther Way!



August 26, 2016
Volume 4

The Pride

Pleasant Run Elementary School
1800 N. Franklin Road
Indianapolis, IN 46219
Phone: 532-3800 Fax: 532-3842

Principal - Travis Koomler Administrative Assistant - Julie Aldrich

Important Dates

SEPTEMBER 2016	
4th Grade to Conner Prairie	9/1
Labor Day/NO SCHOOL	9/5
Late Start 9:50 am	9/14
School Board Meeting	9/14
Fall Pictures	9/19

Effective immediately:

For the safety of all students, parents are not permitted to visit students during recess times.



Homefest booth space available:

Forms are available at the school office or by calling 435-4826.

Dear Pleasant Run Families -

It is hard to believe we just finished our 4th week of school. I am very proud of our students and staff for the work they have accomplished.

NWEA testing reports will be sent home with your student next Friday, September 2nd. I strongly encourage you to take 15 minutes to discuss your student's progress with him/her. If your child is struggling and you have not had contact with the teacher, please do so immediately. If there is a concern, the sooner we can address it the better.

Finally, this will be our last printed newsletter. After today, all future newsletters will be sent out electronically. If you haven't completed a request form and would like to be added to the mailing list, please send an e-mail to me at the following address:

tkoomler@warren.k12.in.us

Have a great weekend!

Mr. Koomler - Principal

Photographs: Occasionally we will have articles or stories in the media that will include pictures of students. This could also include our Web pages. If you do not want your child photographed for publication, please send a note to the office or call the office at 532-3800.

BREAKFAST & LUNCH MENUS 8/29-9/2

	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST Universal Breakfast	Crunchmania Apple Juice Dried Cranberries	Mini Cinni's Banana Dried Cranberries	Sausage Pancake on stick Apple/dried cranberries	Banana Chocolate Bar Orange Juice Dried Cranberries	Cereal Bar Apple Dried Cranberries
LUNCH FOOD BAR DAILY	Choice of: A. Oven Fried Chicken B. Cheeseburger Potato Wedges Fruit & Veggie Bar	Choice of: A Beefy Pasta Bake B. Ham & Cheese Sliders Broccoli Fruit & Veggie Bar	Choice of: A. Waffles/Scrambled Eggs B. Apple Parfait Butternut Squash Fruit & Veggie Bar	Choice of: A. Popcorn Chicken B. Grilled Cheese Potato Wedges Fruit & Veggie Bar	Choice of: A. Sausage Pizza A. Hot Dog Spinach Fruit & Veggie Bar

SCHOOL UNIFORMS:

Just a reminder that our uniforms are black, khaki and navy pants and any solid color shirt with a collar. Shirts with stripes and plaid ARE **NOT** uniform shirts. We appreciate your cooperation in this matter.

Flu Prevention Steps

1. **Cover your nose and mouth with a tissue when you cough or sneeze.** Throw the tissue in the trash after you use it. If you don't have a tissue, cough into your elbow.
2. **Wash your hands often with soap and water, especially after you cough or sneeze.** Alcohol-based hand sanitizers are also effective.
3. **Avoid touching your eyes, nose or mouth.** Germs can spread that way.
4. **Stay home if you get sick.** The CDC recommends that you stay home from work or school, and limit contact with others to keep from infecting them.
5. **Use disinfectants on surfaces, as directed, to help prevent the spread of influenza virus.** Germs can spread when a person touches an infected surface and then touches their own eyes, mouth, or nose.

STUDENT OF THE WEEK:

Room 3– Brayun Jones
PR-2–Kaden Johnson
PR-4–Jeremy Etheridge
PR-6–Mia Garcia
PR-8– Luis Martinez-Suastegui
Room 4– Jack Tomasch
Room 6– Don Paul Carter Mendoza
Room 9– Joseph Scanlan-Ford
Room 10– Brandon Smith
Room 5- Kennedy Whitehead
Room 7– Jayla Lancaster
Room 11–Jennifer Lopez
Room 12– Keshawn Sexton
Room 13– Robert Davis
Room 14– Kellen Sexton
Room 17–Maliyah Henderson
Room 18–Shaywan Bass
Room 19–Jayden Neal
Room 20–Taylor Mays
Room 15– Rakyah Rivers
Room 16- Karen Perez-Hernandez
Room 21–Samantha Salamanca
Room 22– Zaire Willis
Room 23– Angel Herrera-Sanchez
P.E.– Oliver Uribe
Art– Betzy Torres
Music– Brielle Williams

Ready to Learn: Setting up Routine

Consider the routines below to make your child feel more:

Relaxed. Music can help your child avoid the morning rush. Play a soothing tape and ask him to be dressed and ready by the time it's over.

Energized. A good breakfast increases concentration. Offer your youngster healthy choices. *Examples:* a whole-wheat bagel with peanut butter; orange juice blended with fruit and yogurt; instant oatmeal.

Connected. Talking about the school day lets your child know you care. Ask him to share two good things that happened during the day. Prompt him with specific questions, such as "Which multiplication tables did you practice?"

Prepared. Studying a little every day is the best way to learn new material. Help your youngster choose a time for homework when he is most alert - and try not to change it.

Rested. A set bedtime helps kids fall asleep more quickly. Suggest that your child get in bed 15 minutes early to read, make up stories, or talk quietly with you.